

25 YEARS
FIGHTING FOR LIFE
FIGHT FOR LIFE 100%LIFE

FROM EXPERIENCE TO ACTION

Community-led Resilience Models
from Ukraine



100% LIFE 25th ANNIVERSARY BOOKLET

For 25 years, 100% LIFE has been building systems that protect life where formal systems are under pressure – during the HIV epidemic, the Revolution of Dignity, the COVID-19 pandemic, Russia’s war against Ukraine, and the full-scale invasion.

These are not only stories of emergency response. They are practical community-led models that can be adapted in other countries facing conflict, humanitarian crises, disrupted supply chains, stigma, displacement or limited access to healthcare.

Each model follows the same logic: Challenge → Rethink → Rebuild → Impact → Global lesson.

Badge legend

ARMED CONFLICT	HUMANITARIAN RESPONSE	LOW-RESOURCE SETTINGS	HIV & CHRONIC CARE
DIGITAL HEALTH	COMMUNITY GOVERNANCE	RIGHTS & DIGNITY	SOCIAL ENTERPRISE

Emergency ART Delivery

Keeping treatment alive during war

ARMED CONFLICT	HUMANITARIAN RESPONSE	LOW-RESOURCE SETTINGS	HIV & CHRONIC CARE
----------------	-----------------------	-----------------------	--------------------

Challenge:

When Russia's full-scale invasion began, Ukraine's HIV treatment system faced an unprecedented threat. More than 130,000 people living with HIV risked losing access to life-saving antiretroviral therapy as supply chains were disrupted and active hostilities spread across the country.

Rethink:

100% LIFE helped transform community infrastructure into an emergency treatment-continuity system, coordinating with the Ministry of Health of Ukraine, the Public Health Center of Ukraine and international partners. PEPFAR played a key role in emergency financing for ARV procurement.

Rebuild:

Together with partners, 100% LIFE coordinated emergency logistics, regional distribution and last-mile delivery of ART across Ukraine.

Impact:

- 53 million ARV doses delivered within three weeks
- 130,000 people protected from treatment interruption
- National HIV treatment continuity maintained
- Critical emergency procurement supported by PEPFAR and partners

Why it matters globally:

This model shows that community organizations can become emergency logistics operators for HIV, TB and other chronic disease programmes when conventional systems are disrupted.

Key lesson: Trusted community networks are critical infrastructure during crisis.

Humanitarian Hub

From HIV clinic to emergency response centre

ARMED CONFLICT	HUMANITARIAN RESPONSE	COMMUNITY GOVERNANCE	HIV & CHRONIC CARE
----------------	-----------------------	----------------------	--------------------

Challenge:

The full-scale invasion created urgent needs far beyond HIV services. People needed evacuation, medicines, food, emergency supplies, protection and safe spaces, while public systems and humanitarian mechanisms were under enormous pressure.

Rethink:

100% LIFE did not build a new emergency structure from scratch. It repurposed what already existed: medical centres, regional partners, logistics systems, staff, volunteers and community trust.

Rebuild:

The Kyiv Medical Centre 100% LIFE became a humanitarian coordination hub for receiving, sorting and distributing aid. The organization supported hospitals, social workers, medical teams, vulnerable communities and people affected by occupation, shelling and displacement.

Impact:

- Humanitarian aid received, sorted and distributed
- Medical supplies and food delivered to hospitals and communities
- Emergency support mobilized for vulnerable groups
- HIV services continued alongside humanitarian response

Why it matters globally:

Community health infrastructure can be rapidly converted into humanitarian response infrastructure without abandoning its original mission.

Key lesson: The fastest emergency response often starts with organizations communities already trust.

HealthLink

Support in shaky times

HIV & CHRONIC CARE	COMMUNITY GOVERNANCE	LOW-RESOURCE SETTINGS	HUMANITARIAN RESPONSE
--------------------	----------------------	-----------------------	-----------------------

Challenge:

Health systems rarely face only one crisis at a time. During HealthLink implementation, Ukraine went through healthcare reform, COVID-19, full-scale war, mass displacement, blackouts and changing patterns of vulnerability. A traditional HIV testing project could have become outdated. Instead, HealthLink became infrastructure of support in shaky times.

Rethink:

Implemented by 100% LIFE in partnership with the Alliance for Public Health, with support from USAID within the wider PEPFAR response, HealthLink moved beyond a narrow HIV testing model. It connected community experience, primary healthcare, digital tools, social workers, stigma reduction, PrEP, hepatitis and syphilis testing, mental health topics and crisis counselling.

Rebuild:

During COVID-19, HealthLink expanded oral self-testing, remote support and home-based access to prevention tools. During Russia's full-scale invasion of Ukraine, the model adapted to internally displaced people, survivors of violence, civil defence and emergency response personnel, veterans, people with combat experience and people unable to access traditional services.

Impact:

- 1,038,631 people tested for HIV
- 25,961 people learned their HIV-positive status
- 22,264 people started ART
- 1,700+ people received PrEP for the first time
- 96,026 people tested for hepatitis and 6,673 for syphilis
- 600+ healthcare facilities, 29 NGOs, 10,222 medical specialists and 639 non-facility testing locations engaged

Why it matters globally:

HealthLink shows how community HIV expertise can become flexible crisis-response infrastructure. Its strength was the ability to quickly evolve from testing to treatment, from facility-based services to self-testing, and from routine care to wartime adaptation.

Key lesson: Flexible community-led models survive crises because they evolve faster than rigid systems.

DATACHECK Ecosystem

Community data that changes systems

DIGITAL HEALTH	COMMUNITY GOVERNANCE	RIGHTS & DIGNITY	LOW-RESOURCE SETTINGS
----------------	----------------------	------------------	-----------------------

Challenge:

Health and humanitarian programmes often struggle to verify whether services actually reach people. Paper-based reporting, delayed monitoring and fragmented data make it difficult to manage quality, accountability and impact.

Rethink:

100% LIFE created DATACHECK not as a reporting form, but as a real-time ecosystem for service verification, programme management and community accountability.

Rebuild:

The DATACHECK brand now includes DATACHECK Ukraine, DATACHECK Global, local country adaptations and DataCheck Connect in Germany, each adjusted to local needs, service systems and community realities. DataCheck Connect is implemented by 100 PERCENT LIFE Germany, in partnership with Deutsche Aidshilfe and the National HIV/AIDS Hotline, with support from the Elton John AIDS Foundation.

Impact:

- Millions of verified services
- Real-time monitoring of service delivery
- Thousands of providers and clients in the system
- Adaptation beyond Ukraine, including Kazakhstan and Germany, with local needs reflected
- Cross-border continuity of care supported for Ukrainians affected by war

Why it matters globally:

DATACHECK shows how community-generated data can improve transparency, donor confidence, service quality and cross-border continuity of care.

Key lesson: Community data is not only reporting. It is a tool for governing health systems.

Patient-led Clinics

Healthcare designed by the people who need it

HIV & CHRONIC CARE	RIGHTS & DIGNITY	COMMUNITY GOVERNANCE
--------------------	------------------	----------------------

Challenge:

People living with HIV and key populations have often faced stigma, discrimination, fear and fragmented care in traditional healthcare settings.

Rethink:

100% LIFE asked a simple question: what would healthcare look like if patients designed it themselves?

Rebuild:

The organization created a network of modern medical centres in Kyiv, Poltava, Rivne and Chernihiv. These clinics combine family medicine, HIV services, prevention, testing, diagnostics, women’s health, paediatrics, OST and specialized care in a tolerant, patient-centred environment.

Impact:

- 4 medical centres operating in Ukraine
- Integrated into the state healthcare system through NHSU contracts
- People living with HIV receive regular medical supervision and ART in network clinics
- Latest official profile: 7,124 patients received services; 1,523 PLHIV under regular follow-up; 1,483 receiving ART
- During full-scale war, the centres also operated as humanitarian hubs while continuing care

Why it matters globally:

Patient-led clinics demonstrate how civil society can create sustainable, inclusive and financially mixed healthcare models combining state funding, donor support, community trust and social entrepreneurship.

Key lesson: People who depend on healthcare can also design better healthcare systems.

Access to Medicines

Using intellectual property to save lives

HIV & CHRONIC CARE	RIGHTS & DIGNITY	COMMUNITY GOVERNANCE	LOW-RESOURCE SETTINGS
--------------------	------------------	----------------------	-----------------------

Challenge:

For many years, high prices, patent barriers and limited availability of essential medicines blocked access to treatment for people living with HIV, TB, hepatitis C and other serious conditions.

Rethink:

100% LIFE understood that access to treatment depends not only on procurement, but also on intellectual property rules, patent systems, pharmaceutical pricing, state funding and political will.

Rebuild:

Since 2014, 100% LIFE has worked systematically in intellectual property – still the only NGO in Ukraine doing this work at such scale. The organization uses patent oppositions, advocacy campaigns, direct negotiations with pharmaceutical companies, legislative reform and country-level advocacy to open access to generics and reduce treatment prices.

Impact:

- Hepatitis C treatment price reduced by 81%
- 2020 patent reform limited “evergreen” patent practices
- Generic access became a key tool for reducing treatment costs
- Since 2024, 8 pre-grant oppositions filed against patents on medicines including rilpivirine, lenacapavir, delamanid, long-acting bedaquiline formulations, HPV vaccine and pembrolizumab

Why it matters globally:

This model is relevant for countries where medicine prices, patent barriers or originator monopolies prevent people from receiving life-saving treatment.

Key lesson: Access improves when patients become experts in patents, pricing and policy.

Food for Life

Food security as part of health resilience

ARMED CONFLICT	HUMANITARIAN RESPONSE	HIV & CHRONIC CARE	LOW-RESOURCE SETTINGS
----------------	-----------------------	--------------------	-----------------------

Challenge:

War does not only interrupt medical care. It also destroys livelihoods, food access and the ability of people with chronic diseases to remain stable and continue treatment.

Rethink:

100% LIFE expanded its health mission to include food security for people whose health and survival depended on both medicines and basic humanitarian support.

Rebuild:

In partnership with the World Food Programme, the organization launched large-scale food assistance for older people, children with disabilities, people with chronic diseases, people living with HIV, people with TB and low-income households across affected regions.

Impact:

- 2.5 million people received food packages and fresh bread since the beginning of Russia's full-scale invasion of Ukraine
- Assistance delivered in frontline and affected regions
- Vulnerable groups prioritized
- Health and humanitarian support integrated

Why it matters globally:

Food support can be an essential part of treatment continuity in humanitarian crises, especially for people living with HIV, TB and chronic conditions.

Key lesson: You cannot protect treatment continuity without protecting basic survival.

Shelters and Evacuation

Protection beyond medical care

ARMED CONFLICT	HUMANITARIAN RESPONSE	RIGHTS & DIGNITY	COMMUNITY GOVERNANCE
----------------	-----------------------	------------------	----------------------

Challenge:

After the full-scale invasion, thousands of people from vulnerable communities were displaced, trapped in dangerous areas, or left without safe housing, medicines, income and support.

Rethink:

100% LIFE expanded from service delivery to protection: evacuation, temporary housing, psychosocial support, emergency supplies and continuity of care.

Rebuild:

Building on its regional branches across Ukraine, local partner organizations and the 100% LIFE humanitarian hub in Kyiv, the organization created a network of shelters, supported evacuation from affected regions, helped people reconnect with services, and provided food, medicines and basic protection to those fleeing violence.

Impact:

- 13 shelters created in the first year of the full-scale war
- People evacuated from affected areas
- Vulnerable communities protected through regional and partner networks
- HIV and social support services maintained during displacement

Why it matters globally:

Community organizations are often the first to know who is most at risk and where support is needed. They can connect protection, housing and health services faster than centralized systems alone.

Key lesson: In crisis, continuity of care begins with safety.

Safe Care for Children

Protecting pediatric HIV care under attack

ARMED CONFLICT	HUMANITARIAN RESPONSE	HIV & CHRONIC CARE	RIGHTS & DIGNITY
----------------	-----------------------	--------------------	------------------

Challenge:

Children living with HIV and children receiving specialized care face additional risks during war. Air attacks, damaged infrastructure and repeated alerts make safe access to pediatric services extremely difficult.

Rethink:

100% LIFE approached safety as part of healthcare. For children, treatment continuity also means physical protection, safe spaces and the ability to receive care during air raid alerts.

Rebuild:

The organization supported the improvement of shelter conditions at the Okhmatdyt National Children's Hospital so that HIV-positive children and other young patients could remain protected during attacks and continue receiving essential care.

Impact:

- Safer conditions for children during air alerts
- Pediatric HIV care supported in wartime conditions
- Hospital resilience strengthened
- Children's dignity and safety prioritized

Why it matters globally:

Health resilience is not only about medicines. It is also about adapting facilities so vulnerable patients can safely receive care during conflict.

Key lesson: For children, protection is part of treatment.

Oversize Social Enterprise

Turning vulnerability into contribution

SOCIAL ENTERPRISE	HUMANITARIAN RESPONSE	RIGHTS & DIGNITY	ARMED CONFLICT
-------------------	-----------------------	------------------	----------------

Challenge:

War deepened economic vulnerability for people living with HIV, internally displaced people, former prisoners and other groups already facing exclusion from employment and social life.

Rethink:

Instead of seeing vulnerable groups only as recipients of aid, the Lviv branch of 100% LIFE helped create a social enterprise where people could work, earn income, build skills and contribute to the country's resilience.

Rebuild:

The Oversize social enterprise employed people from vulnerable communities and began producing thermal clothing for key populations and uniforms for the Armed Forces, including women's uniforms.

Impact:

- Jobs created for people from vulnerable groups
- Social reintegration supported
- Practical goods produced for wartime needs
- Community members became contributors to national resilience

Why it matters globally:

Social enterprise can turn humanitarian vulnerability into agency, employment and dignity – especially in countries affected by war or economic crisis.

Key lesson: Resilience means not only helping people survive, but helping them contribute.

From survival to systems change

These models were born from different crises – HIV, COVID-19, Russia’s full-scale invasion of Ukraine, displacement, stigma, interrupted supply chains, barriers to medicines and humanitarian collapse. Yet they share one principle: communities are not auxiliary actors in health systems. They are the systems that remain closest to people when everything else breaks down.

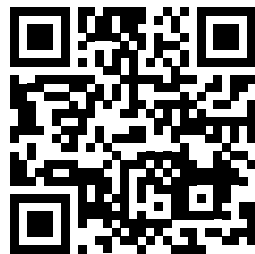
Ukraine’s experience shows that investing in community-led organizations before a crisis creates infrastructure that can save lives during a crisis – and help rebuild more inclusive, accountable and people-centred health systems after it.

From experience to action.

From survival to systems change.

From Ukraine to the world.

Support the work of 100% LIFE and help protect lives that cannot be paused.



network.org/en/donate/



The document is produced by CO 100% Life with the support of the Askold and Dir Fund as a part of the Strong Civil Society of Ukraine – a Driver towards Reforms and Democracy project, implemented by ISAR Ednannia, funded by Norway and Sweden. The contents of this publication are the sole responsibility of CO 100% Life and can in no way be taken to reflect the views the Government of Norway, the Government of Sweden and ISAR Ednannia.